

## Cynthia Sykes

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508.732.7263

# Volunteer Opportunity 1

Students, MT grads, COTA's

**June 4th, 2016 be ready 11 am - finish around 5 pm**

## Best Buddies Challenge Hyannis

On the beach! In a great tent at the finish line for the Challenge. Offering 15 minute post event massage to runners, walkers and cyclists. Support the efforts of bestbuddies.org -helping to create one on one friendships between volunteers and people with intellectual disabilities.

Table preferred, all supplies provided, lunch, tshirts, great time, fast paced. Only have a couple hours available? Come cover a table while a colleague takes a break.

# Volunteer Opportunity 2

**June 25th, 2016 be ready 1 am - finish around 6 pm**

## MS Cape Cod Getaway

On the canal! In a great tent at the finish line for the day One of the Getaway . Offering 15 minute post event massage to cyclists. Support the nation ms society, creating a world free of MS.

Table preferred, lunch, tshirts, great time, fast paced. Only have a couple hours available? Come cover a table while a colleague takes a break.

For more information see my website [Cynderellaservices.Com](http://Cynderellaservices.Com) or contact me at

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